

The Parish of
ST NICHOLAS,
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26 October 2022
Alfred, King, scholar

Dear sisters and brothers,

For some time at St Nicholas's, we have distributed communion in one kind in order to protect the most vulnerable of us from coronavirus.

As coronavirus restrictions have now eased, in the light of guidance from the House of Bishops and after consultation with the Churchwardens, we will be reintroducing the common cup at our Sunday and Thursday communion services from this coming Sunday, All Saints' Day.

We now understand the virus to be primarily an airborne disease. The risk of transmission through touch or the sharing of common objects is not as high as we once thought.

Receiving communion in both kinds is an integral part of our Anglican identity and the common cup demonstrates our common life, together in Christ. Nevertheless, there are circumstances in which a communicant may choose to receive only in one kind and I want to assure members of the congregation that, if they wish, they are free to continue to receive in one kind. This is still full communion.

We will receive communion standing at two stations at the 10.30 am service. Please remember to place one hand under the base of the chalice in order to guide the chalice to your mouth, tipping it gently towards your lips. The person administering the chalice will not let go of the chalice in the process. If you would like to receive a blessing please bow your head.

Please do be in touch if you have any questions. I am happy to talk things through.

With my best wishes,

Revd Frances